

Ciao*Italy



You are here: [Ciao*Italy /categories/food.htm](#)

Food

Everybody loves Italian food! Well, almost everybody. The great thing is that it's not just good, but if you're careful it's one of the healthiest diets in the world. The Mediterranean diet, with emphasis on fresh fruits and vegetables, carbohydrates in the form of pasta or rice, virgin olive oil, and fish and chicken for protein is not just healthy but can even help you lose weight.

The latest research shows that a glass of wine with the meal not only makes you feel great but helps burn those calories. We offer you a selection of sites about food, most in Italian.

We welcome suggestions and feedback, please write

[Ciao * Italy](#) 

Please Note: All the links open a new browser page. To return to *Ciao Italy* simply close the page (clicking on the X in the upper righthand corner) because the "Back" button will not work.

- [Choco Club](#)
Chocolate lovers of Italy, unite! <http://www.chococlub.com>
- [Cornetti a Mezzanotte](#)
Dedicated to the great Italian tradition of eating freshly-baked cornetti (croissants) in the wee hours of the morning. A list of favorite places all over Italy. <http://www.guac.freeweb.org>
- [Chocolate - Perugia](#)
Every October the "Eurochocolate" festival is held in Perugia. Enjoy, enjoy!
<http://www.chocolate.perugia.it>
- [Cornetti a Mezzanotte](#)

Dedicated to the great Italian tradition of eating freshly-baked cornetti (croissants) in the wee hours of the morning. A list of favorite places all over Italy. <http://www.guac.freeweb.org>

- [Cucchiaio d'Argento \(The Silver Spoon\)](#)
Wondering what to eat tonight? You can search this site's 3,000-some recipes according to ingredients, the season, or your heart's desire. Wondering how to set a proper Italian table? Look no further, you'll also find a glossary and advice on organizing your kitchen for functionality. Nice graphics. <http://www.cookkiaio.com>
- [Cucina Online](#)
Recipes are explained in detail, there is a history of pasta, plus information on wines and the cookery press. Don't overlook the guide to the best Italian restaurants in the United States. <http://www.cucina.italynet.com>
- [Delizie A Tavola](#)
Sponsored by Acqua di Nepi, this site provides information about restaurants in Italy and gastronomy, recipes, information, advice, and games. You can also browse among thousands of restaurants, with descriptions, photographs, menus, prices, addresses and phone numbers. <http://www.delizieatavola.com>
- [Eat Eat Hurrah!](#)
A friend suggested this site because he loves the graphics, which are fine if you're using a browser 4.0 or more. Otherwise it will be a mess. It's a beautifully designed site about Italian food, with a version in English. <http://www.eateathurrah.com>
- [Esperya](#)
An ambitious combination of wine and food, all for sale, with ratings. We don't give any guarantees for this site but list it as a service to our readers. <http://www.esperya.com>
- [Eurochocolate](#)
An annual exposition featuring chocolate in the city where the first "chocolatiers" were developed several centuries ago. Usually takes place the beginning of March. <http://www.esperya.com>
- [Fraschetta](#)
This restaurant from Rome features a number of recipes, a guide to Rome, photos, and maps. <http://www.digilander.iol.it/fraschetta>
- [Gambero Rosso](#)
Gambero Rosso is the leading Italian monthly magazine about wine and food. <http://www.gamberorosso.it>
- [Gastronomick](#)
Dedicated to those who love good cooking, this site is devoted to recipes, cooking schools, basic instructions, and a guide to eating places. There's also a dictionary and you can send virtual postcards to your friends. <http://www.gastronomick.it>
- [La Cucina Italiana](#)
This monthly is one of Italy's leading magazines about food and cuisine. There are over six thousand recipes as well as a cooking school, chat, forum, and public announcements. It includes a search engine for the site. <http://www.cucinait.com>
- [Mangiare Bene](#)

Mangiare bene means to eat well. The Academia del Forenello (Academy of the stove) presents suggestions for some unusual as well as traditional recipes.
<http://www.mangiarebene.com>

- [Made In Italy On Line - Food](#)
Our very own pages about Italian food with descriptions of regional cooking and recipes. Under newsletter you'll find our editor's account of her experiences at a cooking school in Venice taught by Giuliano Hazan. <http://www.made-in-italy.com/winefood/food.htm>
- [Neopolitan Cooking](#)
Not much graphics here but a quick guide to how they cook in Naples, with recipes and sections devoted to coffee, pizza, and delicacies.
<http://www.miros.it/cucina>
- [Pizza](#)
Everything you ever wanted to know about pizza. There are links to other sites, suggestions for pizza for different seasons depending on what you find at the market, news about pizza, list of Italian pizza parlors on line. Enjoy!
<http://www.pizza.it>
- [Ragu'](#)
One of the first web sites about food sponsored by the folks in America that bring you "Ragu" sauce, Italians love this site for its american viewpoint on Italian cooking! <http://ragu.com>

[Home](#)

[Feedback](#)

[Back to the Top](#)

[Discover Italian Gardens](#)

Small groups or independent holidays - guided garden tours

www.susanwornertours.com

[Pasta Machine Recipes](#)

Have a Passion for Pasta and Wanna Make and Sell your Own? We Can Help

Pamaroma.com/Pasta_Machines

[Inflower, Tuscan florist](#)

inspirational floral creations and wedding design in Italy

inflower.it

[Gustounico Italian Food](#)

Authentic Luxury Italian Food Buy Online - Wholesale - Franchise

www.gustounico.com

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Keywords:

Verbose report:



search example 1: john and doe or jane

search example 2: john and (doe or jane)

Simple report:



search example 3: not (john or jane) and doe

search example 4: j* and doe

Number of results:

40

[Back to the Top](#)

[|Art & Museums|](#) [|Automobiles|](#) [|Banks|](#) [|Children|](#) [|Cinema|](#) [|Cybercafes|](#) [|Ecology|](#) [|Education|](#) [|Finance|](#)
[|Gardens|](#) [|Food|](#) [|Genealogy|](#) [|Health|](#) [|Insurance|](#) [|Jobs|](#) [|Magazines|](#) [|Music|](#) [|Newspapers|](#) [|Portals|](#)
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