

## *Regioni D'Italia Campania*

In each newsletter we highlight one of Italy's 20 regions. This month we feature **Campania**, home to Naples, the Amalfi Coast, Capri Island, and numerous important archeological sights.

*Napoli*, the capital of Campania, was founded by the Greeks, enlarged by the Romans, and influenced through the centuries by foreign invaders. This bustling city sprawls along the Bay of Naples facing the islands of Ischia, Procida, and Capri. Mount Vesuvius, which last erupted in 1944, provides a spectacular backdrop to Naples.



South of Naples is Sorrento and the [Amalfi Coast](#), which is located on the southern side of Sorrento's peninsula. There is one main road that winds from Sorrento down to [Positano](#) and then along the windy coastal road to Salerno. This picturesque stretch of coastline features brightly colored seaside towns, charming fishing villages, and spectacular sea views.

## *Arte e Cultura*

### **Pompeii**

Pompeii lies in the shadow of Mount Vesuvius, which erupted in 76 AD burying the town in stone and ash. Pompeii lay undiscovered until the 17th century and in 1748 excavation began, revealing a city frozen in time. Today visitors can wander through this ancient town that is surprisingly intact. Many of the artifacts from the site are housed in the Museo Archeologico Nazionale in Naples, which also houses the fabulous Farnese collections. Visitors can reach Pompeii by car or train.

### **Paestum**

The ancient history of Campania is associated with the Etruscans and Greeks. Founded in the 6th century BC, Paestum is an important Greek site in Campania. Visitors can stroll around three massive Doric temples dating from the mid-6th to 5th century BC. There is also a museum that houses extensive finds from the site at Paestum, which is about 30 miles south of Salerno by car.



### **Palazzo Reale**

Another place of artistic and historic interest is Caserta, home to the [Palazzo Reale](#), a magnificent palace designed by Luigi Vanvitelli for the extravagant Bourbon King Charles III. The palace has over 1000 rooms and the immense surrounding grounds feature fountains, waterworks, and statues. Caserta is about 25 miles north of Naples off the A1 autostrada, which connects Naples and Rome.

## *La cucina locale e gli acquisti*

### **Regional food and wine**

Many Italians claim you have to go to Napoli to get an authentic [pizza](#) because the *Pizzaioli* (pizza makers) there are said to be the best in Italy. Modern pizza was reportedly invented in 1889 by Raffaele Esposito, a *pizzaolo* from Naples.

This region boasts wonderful *Vini* and *liquore* as well. Lacrima Christi is a white wine from the volcanic slopes of Mount Vesuvius and the Gran Caruso di Ravello is made from grapes grown on the slopes surrounding Ravello, a town perched high on the Amalfi coast boasting spectacular views.

[Limoncello](#), which is also called limoncino, is a sweet lemon liquor that is traditionally enjoyed after dinner.

 Ceramiche di Vietri

### **Shopping**

If you are in the market to buy ceramics, [Vietri sul Mare](#) is the place. Vietri sul Mare is the last town along the Amalfi Coast before you reach Salerno. Small shops and boutiques, which display colorful ceramics, line the main pedestrian walkway of the historic center of Vietri. They sell a variety of ceramic wares,

including tiles, dishes, serving pieces, and a myriad of other objects. Bring home some unique tableware or order tiles for the kitchen or bathroom of your dreams.

## *I nostri clienti dicono...*

Here is what clients said about their stay at properties on the Amalfi Coast.

### **[Villa Pergola](#) in Positano**

I wanted to let you know that we had the best time in Positano! The "Pergola" villa was absolutely perfect! The views from every room were awesome and breathtaking. The home itself was very accommodating. We had plenty of room to spread out and feel comfortable. My father was thrilled to have a real lemon grove just outside his bedroom. That just made his day! (Cheryl, Florida)

### **[Apartment Bianco](#) in Amalfi**

Now we're talking great! Great location. Close to everything we needed and situated with a marvelous view. That is - once one had mastered the art of climbing the 115 stairs! The local agents were wonderful, couldn't have been more accommodating. It was clean and spacious feeling. The French doors leading off the living room were great to bring the outside in - or sit out on the balcony and drink our wine and eat our Italian cheese/bread. We loved the Amalfi Coast. It truly is a thing of beauty. (JoAnne, Minnesota)

Look for our next newsletter, which will feature [Tuscany](#).

Please give us your [feedback](#) about this new edition of our newsletter.

myItalianVacation.com specializes in villa, country house, and apartment rentals in Tuscany, Umbria, Venice, Florence & Rome. Also the Lake District, Cinque Terre & the Amalfi Coast.

**We personally inspect all the properties we represent.**

myItalianVacation.com, Inc.

Tel: +1-206-935-1460

Toll Free: (888) 465-1460 (US and Canada only)

Fax: +1-206-935-1499

[info@myitalianvacation.com](mailto:info@myitalianvacation.com)

<http://www.myitalianvacation.com>

[Unsubscribe](#) at any time

Our [Privacy Policy](#)



Go to: [Italian Tourism Board](#) for more information on Italy.